CHŁOPCY OD 1.03.2012

LEKKOATLETYCZNE TABELE PUNKTOWE

• Lekkoatletyczna liga szkół gimnazjalnych

R - pomiar ręczny

			młodzicy	młodzicy	młodzicy	młodzicy	młodzicy						młodzicy	młodzicy	
PKT	100 m	100 R	300 m	300 R	1000 m	110 pł (91,4 cm 8,90)	110 R (8,90)	4x100	4x100R	skok wzwyż	skok w dal	kula (5 kg)	dysk (1 kg)	oszczep (600 g)	PKT
Powyżej 200 pkt.	1 pkt. za 0,03 s	3 pkt. za 0,1 s	1 pkt. za 0,1 s	1 pkt. za 0,1 s	1 pkt. za 0,25 s	1 pkt. za 0,05 s	2 pkt. za 0,1 s	1 pkt. za 0,1 s	1 pkt. za 0,1 s	3 pkt. za 1 cm	1 pkt. za 2 cm	1 pkt. za 10 cm	1 pkt. za 40cm	1 pkt. za 40cm	Powyżej 200 pkt.
200	10.90		35.70	35.5	2:33.50	14.85	14.6	44.65	44.4	2.08	7.25	17.50	54.00	63.00	200
199	10.92		35.80	35.6	2:33.25	14.90		44.72	44.5	2.07	7.23	17.30	53.56	62.78	199
198	10.94	10.7	35.90	35.7	2:33.50	14.95	14.7	44.79			7.19	17.15	53.16	62.48	198
197	10.96		36.00	35.8	2:33.75	15.00		44.85	44.6	2.06	7.14	17.00	52.76	62.18	197
196	10.98		36.10	35.9	2:34.00	15.05	14.8	44.92	44.7	2.05	7.09	16.88	52.36	61.88	
195	11.00		36.20	36.0	2:34.25	15.10		44.99		2.04	7.05	16.76	51.96	61.58	195
194	11.02		36.30	36.1	2:34.50	15.15	14.9	45.05	44.8		7.03	16.64	51.56	61.28	194
193	11.04	10.8	36.39		2:34.75	15.20		45.12	44.9	2.03	7.01	16.52	51.16	60.98	193
192	11.06		36.48	36.2	2:35.00	15.25	15.0	45.19			7.00	16.40	50.76	60.68	192
191	11.08		36.57	36.3	2:35.25	15.30		45.25	45.0	2.02	6.98	16.28	50.36	60.38	191
190	11.10		36.66	36.4	2:35.50	15.35	15.1	45.32	45.1	2.01	6.97	16.16	49.96	60.08	190
189	11.12		36.75	36.5	2:35.75	15.40		45.39			6.95	16.04	49.56	59.78	189
188	11.14	10.9	36.84		2:36.00	15.45	15.2	45.45	45.2	2.00	6.94	15.92	49.16	59.48	188
187	11.16		36.93	36.7	2:36.25	15.50		45.52	45.3	1.99	6.92	15.80	48.76	59.18	187
186	11.18		37.02	36.8	2:36.50	15.55	15.3	45.59			6.90	15.68	48.36	58.88	186
185	11.20		37.10	36.9	2:36.75	15.60		45.65	45.4	1.98	6.89	15.56	47.96	58.58	185
184	11.22		37.18		2:37.00	15.63	15.4	45.72	45.5		6.87	15.44	47.56	58.28	184
183	11.24	11.0	37.26	37.0	2:37.25	15.66		45.79		1.97	6.86	15.32	47.16	57.98	183
182	11.26		37.34	37.1	2:37.50	15.69		45.85	45.6	1.96	6.84	15.20	46.76	57.68	182
181	11.28		37.42	37.2	2:37.75	15.72		45.92	45.7		6.82	15.10	46.36	57.28	181
180	11.30		37.50	37.3	2:38.00	15.75	15.5	45.99		1.95	6.80	15.00	46.00	57.00	180
179	11.31		37.57		2:38.20	15.79		46.05	45.8		6.79	14.95	45.80	56.78	179
178	11.33		37.64	37.4	2:38.37	15.83	15.6	46.12	45.9		6.78	14.90	45.60	56.48	178
177	11.34	11.1	37.71		2:38.54	15.87		46.19		1.94	6.76	14.85	45.40	56.18	177
176	11.36		37.78	37.5	2:38.71	15.91		46.25	46.0		6.74	14.80	45.20	55.86	176
175	11.37		37.85	37.6	2:38.88	15.95	15.7	46.32	46.1		6.73	14.75	45.00	55.56	175
174	11.39		37.90		2:39.05	15.99		46.39		1.93	6.71	14.70	44.84	55.26	174
173	11.40		37.95	37.7	2:39.22	16.03	15.8	46.45	46.2		6.69	14.65	44.68	54.96	173
172	11.42		38.00		2:39.39	16.07		46.52	46.3		6.68	14.60	44.52	54.66	172
171	11.43	11.2	38.05	37.8	2:39.56	16.11		46.59		1.92	6.66	14.55	44.36	54.34	171
170	11.45		38.10		2:39.73	16.15	15.9	46.65	46.4		6.65	14.50	44.20	54.04	170
169	11.46		38.15	37.9	2:39.90	16.19		46.72	46.5		6.63	14.45	44.04	53.74	169
168	11.48		38.20		2:40.07	16.23	16.0	46.79		1.91	6.61	14.40	43.88	53.44	168
167	11.49		38.25	38.0	2:40.24	16.27		46.85	46.6		6.60	14.35	43.72	53.14	167
166	11.51		38.30		2:40.41	16.31		46.92	46.7	1.90	6.58	14.30	43.56	52.82	166
165	11.52		38.35	38.1	2:40.58	16.35	16.1	47.00	46.8		6.56	14.25	43.40	52.52	165
164	11.54		38.40		2:40.75	16.39		47.07		1.89	6.55	14.20	43.24	52.22	164
163	11.55	11.3	38.45	38.2	2:40.92	16.43	16.2	47.15	46.9		6.53	14.15	43.08	51.92	163
162	11.57		38.50		2:41.09	16.47		47.22	47.0	1.88	6.51	14.10	42.92	51.62	162
161	11.58		38.55	38.3	2:41.25	16.51		47.29			6.50	14.05	42.76	51.30	161
160	11.60		38.60		2:41.42	16.55	16.3	47.35	47.1	1.87	6.48	14.00	42.60	51.00	160
159	11.61		38.64	38.4	2:41.58	16.60		47.42	47.2		6.46	13.95	42.44	50.70	159
158	11.63		38.68		2:41.75	16.65	16.4	47.50	47.3	1.86	6.45	13.90	42.28	50.40	158
157	11.64		38.72		2:41.92	16.70		47.57			6.43	13.85	42.12	50.10	157
156	11.65	11.4	38.76	38.5	2:42.09	16.75	16.5	47.65	47.4	1.85	6.42	13.80	41.96	49.78	156
155	11.66		38.80		2:42.26	16.80		47.72	47.5		6.40	13.75	41.80	49.48	155
154	11.68		38.84	38.6	2:42.43	16.84	16.6	47.80	47.6	1.84	6.38	13.70	41.64	49.18	154
153	11.69		38.88		2:42.60	16.88		47.87			6.36	13.65	41.48	48.88	153
152	11.71		38.92		2:42.67	16.92		47.95	47.7	1.83	6.34	13.60	41.32	48.56	152
151	11.73		38.96	38.7	2:42.83	16.96	16.7	48.02	47.8		6.32	13.55	41.16	48.26	151
150	11.75	11.5	39.00		2:43.00	17.00		48.08		1.82	6.30	13.50	41.00	48.00	150
149	11.76		39.05	38.8	2:43.20	17.03		48.15	47.9		6.28	13.45	40.82	47.74	149
148	11.78		39.10		2:43.45	17.06	16.8	48.22	48.0		6.26	13.40	40.64	47.48	148
147	11.80		39.15	38.9	2:43.70	17.09		48.28			6.24	13.35	40.44	47.22	147
146	11.82		39.20		2:43.95	17.12		48.35	48.1	1.81	6.22	13.30	40.22	46.96	146
145	11.83		39.25	39.0	2:44.20	17.15	16.9	48.42	48.2		6.20	13.25	40.00	46.70	145
144	11.85	11.6	39.31		2:44.45	17.18		48.50	48.3		6.18	13.20	39.77	46.44	144
143	11.87		39.37	39.1	2:44.70	17.21		48.57			6.16	13.15	39.54	46.18	143
142	11.89		39.43	39.2	2:44.95	17.24	17.0	48.65	48.4	1.80	6.15	13.10	39.31	45.92	142
141	11.90		39.49		2:45.20	17.27		48.72	48.5		6.14	13.05	39.08	45.68	141
140	11.92		39.55	39.3	2:45.50	17.30		48.78			6.12	13.00	38.85	45.45	140
139	11.94	11.7	39.61		2:45.80	17.33	17.1	48.85	48.6		6.11	12.95	38.62	45.22	139
138	11.96		39.67	39.4	2:46.10	17.36		48.92	48.7	1.79	6.09	12.90	38.39	44.99	138
137	11.97		39.73	39.5	2:46.40	17.39		48.98			6.08	12.86	38.16	44.76	137
136	11.99		39.79		2:46.70	17.42		49.05	48.8		6.06	12.83	37,93	44.53	136
135	12.01		39.85	39.6	2:47.00	17.45	17.2	49.12	48.9		6.05	12.80	37.70	44.30	135
134	12.03		39.91		2:47.30	17.48		49.20	49.0	1.78	6.03	12.77	37.48	44.07	134
133	12.04	11.8	39.97	39.7	2:47.60	17.51		49.27			6.02	12.74	37.26	43.84	133
132	12.06		40.03	39.8	2:47.90	17.54	17.3	49.35	49.1		6.00	12.71	37.04	43.61	132
131	12.08		40.09		2:48.20	17.57		49.42	49.2	1.77	5.99	12.68	36.82	43.38	131
130	12.10		40.15	39.9	2:48.50	17.60		49.48			5.97	12.65	36.60	43.15	130
129	12.12		40.22	40.0	2:48.80	17.63	17.4	49.55	49.3		5.96	12.62	36.38	42.92	129
128	12.14	11.9	40.29		2:49.10	17.66		49.62	49.4	1.76	5.94	12.59	36.16	42.69	128
127	12.16		40.36	40.1	2:49.40	17.69		49.68			5.93	12.56	35.94	42.46	127
126	12.18		40.43	40.2	2:49.70	17.72		49.75	49.5		5.91	12.53	35.72	42.23	126
125	12.20		40.50		2:50.00	17.75	17.5	49.82	49.6	1.75	5.90	12.50	35.50	42.00	125
124	12.22		40.58	40.3	2:50.40	17.78		49.88			5.89	12.45	35.30	41.80	124
123	12.24	12.0	40.66	40.4	2:50.80	17.81		49.95	49.7		5.88	12.39	35.10	41.60	123
122	12.26		40.74	40.5	2:51.20	17.84	17.6	50.02	49.8	1.74	5.87	12.33	34.90	41.40	122
121	12.29		40.82	40.6	2:51.60	17.87		50.10	49.9		5.86	12.27	34.72	41.20	121
120	12.31		40.90		2:52.00	17.90		50.17			5.85	12.19	34.54	41.00	120
119	12.33		40.98	40.7	2:52.40	17.93	17.7	50.25	50.0	1.73	5.84	12.11	34.36	40.80	119
118	12.35	12.1	41.06	40.8	2:52.80	17.96		50.32	50.1		5.83	12.03	34.18	40.60	118
117	12.38		41.14	40.9	2:53.20	17.99		50.38			5.82	11.94	34.00	40.40	117
116	12.40		41.22	41.0	2:53.60	18.02		50.45	50.2	1.72	5.81	11.85	33.82	40.20	116
115	12.42		41.30		2:54.00	18.05	17.8	50.53	50.3		5.80	11.76	33.64	40.00	115

114	12.44	12.2	41.38	41.1	2:54.40	18.08		50.62	50.4		5.78	11.67	33.46	39.80	114
113	12.47		41.46	41.2	2:54.80	18.11		50.70	50.5	1.71	5.77	11.58	33.28	39.60	113
112	12.49		41.54	41.3	2:55.20	18.14	17.9	50.79	50.6		5.76	11.49	33.10	39.40	112
111	12.51		41.62	41.4	2:55.60	18.17		50.88	50.7		5.74	11.40	32.92	39.20	111
110	12.53		41.70		2:56.00	18.20		50.96		1.70	5.73	11.32	32.74	39.00	110
109	12.55	12.3	41.78	41.5	2:56.40	18.23	18.0	51.05	50.8		5.72	11.24	32.56	38.80	109
108	12.58		41.86	41.6	2:56.80	18.26		51.15	50.9	1.69	5.70	11.16	32.38	38.60	108
107	12.60		41.94	41.7	2:57.20	18.29		51.25	51.0		5.69	11.08	32.20	38.40	107
106	12.62		42.02	41.8	2:57.60	18.32		51.35	51.1	1.68	5.68	11.00	32.03	38.20	106
105	12.64	12.4	42.10		2:58.00	18.35	18.1	51.45	51.2		5.66	10.92	31.86	38.00	105
104	12.66		42.18	41.9	2:58.40	18.38		51.55	51.3	1.67	5.65	10.84	31.69	37.80	104
103	12.69		42.26	42.0	2:58.80	18.41		51.65	51.4		5.64	10.76	31.52	37.60	103
102	12.71		42.34	42.1	2:59.20	18.44	18.2	51.75	51.5	1.66	5.62	10.68	31.35	37.40	102
101	12.73		42.42	42.2	2:59.60	18.47		51.85	51.6		5.61	10.61	31.18	37.20	101
100	12.75	12.5	42.50	42.3	3:00.00	18.50		51.95	51.7	1.65	5.60	10.55	31.00	37.00	100
99	12.78		42.60	42.4	3:00.40	18.54	18.3	52.05	51.8		5.59	10.50	30.82	36.80	99
98	12.81		42.70	42.5	3:00.80	18.58		52.15	51.9	1.64	5.58	10,45	30.64	36.60	98
97	12.84	12.6	42.80	42.6	3:01.35	18.62		52.25	52.0		5.57	10.40	30.46	36.40	97
96	12.87		42.90	42.7	3:01.90	18.66	18.4	52.35	52.1	1.63	5.56	10.36	30.28	36.20	96
95	12.90		43.00	42.8	3:02.45	18.70		52.45	52.2		5.55	10.32	30.12	36.00	95
94	12.93		43.15	42.9	3:03.00	18.74	18.5	52.55	52.3	1.62	5.54	10.28	29.96	35.80	94
93	12.96	12.7	43.30	43.0	3:03.55	18.78		52.65	52.4		5.53	10.24	29.80	35.60	93
92	12.99		43.45	43.2	3:04.10	18.82		52.75	52.5	1.61	5.51	10.20	29.64	35.40	92
91	13.02		43.60	43.4	3:04.65	18.86	18.6	52.85	52.6		5.49	10.16	29.48	35.20	91
90	13.05	12.8	43.75	43.5	3:05.20	18.90		52.95	52.7	1.60	5.47	10.13	29.32	35.00	91
89	13.08		43.90	43.7	3:05.80	18.94	18.7	53.05	52.8	1.59	5.45	10.10	29.16	34.80	89
88	13.11		44.05	43.8	3:06.40	18.98		53.15	52.9		5.43	10.07	29.00	34.60	88
87	13.14	12.9	44.30	44.1	3:07.00	19.02		53.25	53.0	1.58	5.41	10.04	28.84	34.45	87
86	13.17		44.50	44.3	3:07.62	19.06	18.8	53.35	53.1	1.57	5.39	10.01	28.68	34.30	86
85	13.20		44.70	44.5	3:08.26	19.10		53.45	53.2		5.37	9.98	28.52	34.10	85
84	13.23		44.90	44.7	3:08.90	19.14	18.9	53.55	53.3	1.56	5.35	9.95	28.36	33.95	84
83	13.26	13.0	45.10	44.9	3:09.54	19.18		53.65	53.4	1.55	5.33	9.92	28.20	33.80	83
82	13.29		45.30	45.1	3:10.18	19.22		53.75	53.5		5.30	9.89	28.04	33.60	82
81	13.32		45.50	45.3	3:10.82	19.26	19.0	53.85	53.6	1.54	5.27	9.86	27.88	33.45	81
80	13.35	13.1	45.70	45.5	3:11.46	19.30		53.95	53.7	1.53	5.24	9.83	27.72	33.30	80
79	13.38		45.90	45.7	3:12.10	19.34	19.1	54.08	53.9		5.21	9.80	27.56	33.10	79
78	13.41		46.10	45.9	3:12.74	19.38		54.21	54.0	1.52	5.18	9.75	27.40	32.95	78
77	13.44	13.2	46.30	46.1	3:13.38	19.43	19.2	54.34	54.1	1.51	5.15	9.70	27.24	32.80	77
76	13.47		46.50	46.3	3:14.02	19.48		54.47	54.3		5.12	9.65	27.08	32.60	76
75	13.50		46.70	46.5	3:14.66	19.53	19.3	54.60	54.4	1.50	5.09	9.60	26.92	32.45	75
74	13.53		46.90	46.7	3:15.30	19.58		54.73	54.5	1.49	5.06	9.55	26.76	32.30	74
73	13.56	13.3	47.10	46.9	3:15.94	19.63	19.4	54.86	54.7		5.03	9.50	26.60	32.10	73
72	13.59		47.30	47.1	3:16.73	19.68		54.99	54.8	1.48	5.00	9.45	26.44	31.95	72
71	13.62		47.50	47.3	3:17.53	19.73	19.5	55.13	54.9	1.47	4.97	9.40	26.28	31.80	71
70	13.65	13.4	47.70	47.5	3:18.33	19.78		55.27	55.1		4.94	9.35	26.12	31.60	70
69	13.68		47.90	47.7	3:19.13	19.83	19.6	55.40	55.2	1.46	4.91	9.30	25.96	31.45	69
68	13.71		48.10	47.9	3:19.93	19.88		55.53	55.3	1.45	4.88	9.25	25.80	31.30	68
67	13.74	13.5	48.30	48.1	3:20.73	19.93	19.7	55.66	55.5		4.85	9.20	25.64	31.10	67
66	13.77		48.50	48.3	3:21.53	19.98		55.80	55.6	1.44	4.82	9.15	25.48	30.95	66
65	13.81		48.70	48.5	3:22.33	20.03	19.8	55.94	55.7	1.43	4.79	9.10	25.32	30.80	65
64	13.85	13.6	48.90	48.7	3:23.13	20.08		56.09	55.9		4.76	9.05	25.16	30.60	64
63	13.89		49.10	48.9	3:23.93	20.13	19.9	56.24	56.0	1.42	4.73	9.00	25.00	30.45	63
62	13.93	13.7	49.30	49.1	3:24.73	20.18		56.39	56.2	1.41	4.70	8.95	24.86	30.30	62
61	13.97		49.50	49.3	3:25.53	20.23	20.0	56.54	56.3		4.67	8.90	24.70	30.15	61
60	14.01		49.70	49.5	3:26.33	20.28		56.69	56.5	1.40	4.64	8.85	24.54	30.00	60
59	14.05	13.8	49.90	49.7	3:27.13	20.33	20.1	56.84	56.6	1.39	4.61	8.80	24.38	29.80	59
58	14.09		50.10	49.9	3:27.93	20.39		56.99	56.8		4.58	8.75	24.22	29.60	58
57	14.13	13.9	50.30	50.1	3:28.73	20.45	20.2	57.15	56.9	1.38	4.55	8.70	24.06	29.40	57
56	14.17		50.50	50.3	3:29.53	20.51	20.3	57.31	57.1	1.37	4.52	8.65	23.90	29.20	56
55	14.21		50.70	50.5	3:30.33	20.57		57.47	57.3		4.49	8.60	23.74	29.00	55
54	14.25	14.0	50.90	50.7	3:31.13	20.63	20.4	57.63	57.4	1.36	4.46	8.55	23.58	28.80	54
53	14.29		51.10	50.9	3:31.93	20.69		57.79	57.6	1.35	4.43	8.50	23.42	28.60	53
52	14.33	14.1	51.30	51.1	3:32.73	20.75	20.5	57.95	57.7		4.40	8.45	23.26	28.40	52
51	14.37		51.50	51.3	3:33.53	20.81	20.6	58.10	57.9	1.34	4.37	8.40	23.10	28.15	51
50	14.41		51.70	51.5	3:34.33	20.87		58.25	58.0	1.33	4.34	8.35	22.94	27.90	50
49	14.45	14.2	51.90	51.7	3:35.13	20.93	20.7	58.40	58.2	1.32	4.31	8.30	22.78	27.65	49
48	14.49		52.15	51.9	3:35.93	21.00	20.8	58.55	58.3		4.28	8.25	22.62	27.40	48
47	14.53	14.3	52.40	52.2	3:36.73	21.07		58.70	58.5	1.31	4.25	8.20	22.46	27.15	47
46	14.57		52.65	52.4	3:37.53	21.14	20.9	58.85	58.6	1.30	4.22	8.15	22.30	26.90	46
45	14.61		52.90	52.7	3:38.33	21.21	21.0	59.00	58.8	1.29	4.19	8.10	22.14	26.65	45
44	14.65	14.4	53.15	52.9	3:39.13	21.28		59.16	58.9		4.16	8.05	21.98	26.40	44
43	14.69		53.40	53.2	3:39.93	21.35	21.1	59.32	59.1	1.28	4.13	8.00	21.82	26.15	43
42	14.73	14.5	53.65	53.4	3:40.74	21.42	21.2	59.48	59.3	1.27	4.10	7.95	21.66	25.90	42
41	14.77		53.90	53.7	3:41.55	21.49		59.64	59.4	1.26	4.07	7.90	21.50	25.65	41
40	14.81		54.15	53.9	3:42.36	21.55	21.3	59.80	59.6	1.25	4.04	7.85	21.34	25.40	40
39	14.85	14.6	54.40	54.2	3:43.17	21.61	21.4	59.96	59.8		4.01	7.80	21.18	25.15	39
38	14.90		54.65	54.4	3:44.17	21.67		60.12	59.9	1.24	3.98	7.75	21.02	24.90	38
37	14.95	14.7	54.90	54.7	3:45.17	21.74	21.5	60.28	60.1	1.23	3.95	7.70	20.86	24.65	37
36	15.00		55.15	54.9	3:46.17	21.80		60.45	60.2	1.22	3.92	7.65	20.70	24.40	36
35	15.05	14.8	55.40	55.2	3:47.17	21.87	21.6	60.62	60.4	1.21	3.89	7.60	20.55	24.10	35
34	15.10		55.70	55.4	3:48.17	21.95	21.7	60.82	60.6		3.86	7.55	20.40	23.80	34
33	15.15	14.9	56.00	55.8	3:49.17	22.03	21.8	61.13	60.9	1.20	3.83	7.50	20.20	23.50	33
32	15.20		56.30	56.1	3:50.17	22.11	21.9	61.34	61.1	1.19	3.80	7.45	20.00	23.20	32
31	15.25	15.0	56.60	56.4	3:51.17	22.20	22.0	61.55	61.3	1.18	3.77	7.40	19.80	22.90	31
30	15.30		56.90	59.7	3:52.17	22.29		61.76	61.5	1.17	3.75	7.35	19.60	22.60	30
29	15.35	15.1	57.20	57.0	3:53.17	22.38	22.1	61.97	61.8	1.16	3.72	7.30	19.40	22.30	29
28	15.40		57.50	57.3	3:54.17	22.47	22.2	62.18	62.0	1.15	3.69	7.25	19.20	22.00	28
27	15.45	15.2	57.80	57.6	3:55.17	22.56	22.3	62.39	62.2		3.66	7.20	19.00	21.70	27
26	15.50		58.10	57.9	3:56.17	22.65	22.4	62.60	62.4	1.14	3.63	7.15	18.80	21.40	26
25	15.55	15.3	58.40	58.2	3:57.17	22.74	22.5	62.81	62.6	1.13	3.60	7.10	18.60	21.10	25
24	15.60		58.70	58.5	3:58.17	22.83	22.6	63.02	62.8	1.12	3.57	7.05	18.40	20.80	24
23	15.65	15.4	59.00	58.8	3:59.17	22.92	22.7	63.23	63.0	1.11	3.53	7.00	18.20	20.50	23
22	15.70		59.30	59.1	4:00.17	23.01	22.8	63.44	63.2	1.10	3.49	6.90	17.95	20.20	22
21	15.75	15.5	59.60	59.4	4:01.17	23.10	22.9	63.65	63.4	1.09	3.45	6.80	17.70	19.90	21
20	15.80		59.95	59.7	4:02.18	23.19		63.86	63.7	1.08	3.41	6.70	17.45	19.60	20
19	15.85	15.6	60.30	60.1	4:03.19	23.28	23.0	64.07	63.9	1.07	3.37	6.60	17.20	19.30	19
18	15.90		60.65	60.4	4:04.19	23.37	23.1	64.28	64.1	1.06	3.33	6.50	16.90	19.00	18
17	15.95	15.7	61.00	60.8	4:05.20	23.46	23.2	64.49	64.3	1.05	3.29	6.40	16.60	18.70	17
16	16.00	15.8	61.35	61.1	4:06.21	23.55	23.3	64.70	64.5	1.04	3.25	6.30	16.30	18.40	16

15	**16.10**	**15.9**	**61.70**	**61.5**	**4:08.31**	**23.64**	**23.4**	64.91	64.7	**1.03**	**3.21**	**6.20**	**16.00**	**18.10**	15
14	**16.20**	**16.0**	**62.10**	**61.9**	**4:10.41**	**23.73**	**23.5**	65.11	64.9	**1.02**	**3.17**	**6.10**	**15.70**	**17.80**	14
13	**16.30**	**16.1**	**62.50**	**62.3**	**4:12.51**	**23.82**	**23.6**	65.31	65.1	**1.01**	**3.12**	**6.00**	**15.40**	**17.50**	13
12	**16.40**	**16.2**	**62.90**	**62.7**	**4:14.61**	**23.99**	**23.7**	65.70	65.5	**1.00**	**3.07**	**5.90**	**15.05**	**17.20**	12
11	**16.50**	**16.3**	**63.40**	**63.2**	**4:16.71**	**24.16**	**23.9**	66.09	65.9	**0.99**	**3.02**	**5.80**	**14.70**	**16.90**	11
10	**16.60**	**16.4**	**63.90**	**63.7**	**4:18.81**	**24.33**	**24.1**	66.48	66.3	**0.98**	**2.97**	**5.70**	**14.35**	**16.60**	10
9	**16.70**	**16.5**	**64.40**	**64.2**	**4:20.91**	**24.50**	**24.3**	66.87	66.7	**0.97**	**2.90**	**5.60**	**14.00**	**16.20**	9
8	**16.80**	**16.6**	**64.90**	**64.7**	**4:22.01**	**24.67**	**24.4**	67.26	67.1	**0.95**	**2.83**	**5.50**	**13.65**	**15.80**	8
7	**16.90**	**16.7**	**65.50**	**65.3**	**4:23.10**	**24.84**	**24.6**	67.65	67.4	**0.93**	**2.76**	**5.40**	**13.30**	**15.30**	7
6	**17.00**	**16.8**	**66.10**	**65.9**	**4:24.20**	**25.01**	**24.8**	68.04	67.8	**0.91**	**2.68**	**5.30**	**12.90**	**14.80**	6
5	**17.10**	**16.9**	**66.75**	**66.5**	**4:25.30**	**25.18**	**24.9**	68.43	68.2	**0.89**	**2.60**	**5.15**	**12.50**	**14.20**	5
4	**17.20**	**17.0**	**67.45**	**67.2**	**4:26.40**	**25.35**	**25.1**	68.82	68.6	**0.87**	**2.50**	**5.00**	**12.10**	**13.60**	4
3	**17.30**	**17.1**	**68.20**	**68**	**4:27.50**	**25.52**	**25.3**	69.21	69.0	**0.85**	**2.40**	**4.85**	**11.60**	**12.80**	3
2	**17,5**	**17.3**	**68.95**	**68.7**	**4:29.00**	**25.66**	**25.4**	69.60	69.4	**0.83**	**2.25**	**4.70**	**11.00**	**11.80**	2
1	**17.75**	**17.4**	**69.75**	**69.5**	**4:30.00**	**25.80**	**25.6**	70.00	69.8	**0.80**	**2.10**	**4.50**	**10.20**	**10.80**	1